

# **Honeywell's LifeCare Research Directions**

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**Honeywell**

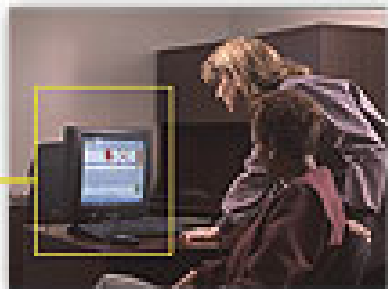
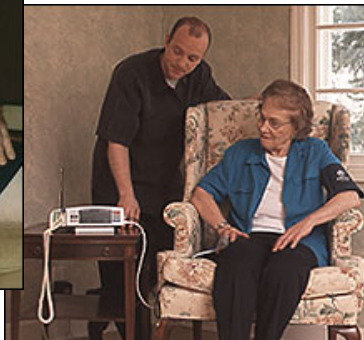
# Outline

- **Currently Available Products**
- **Research Activities**

# Honeywell HomMed

Honeywell

Honeywell  
HomMed



- **Telemonitoring systems for healthcare**
- **Over 22,000 systems currently in use; over 300,000 patients monitored—more than all other providers of home telemonitoring combined**
- **Customers include managed care organizations, disease management organizations, hospital specialty clinics, home healthcare agencies, senior and assisted living facilities**
  - ROI within 6 months typically
- **40-67% reduction in hospitalizations and 40-65% decrease in ER visits for patients with CHF, diabetes, COPD, CAD**
  - HomMed monitored patients versus matched nonmonitored cohort
- **Other benefits: patients can live in their homes, clinical personnel can make in-home visits only when required, greater nursing efficiencies**

# Telemonitoring Unit and Parameters

Honeywell



- **The Honeywell HomMed Health Monitoring System has two main components.**
  - **telemonitoring unit:** in home or clinical environment; collects and transmits health status information
  - **central station:** receives data and presents it to clinical personnel for monitoring and tracking
  - **both FDA Class II medical devices (hospital grade)**

- **Five key parameters monitored**

- blood pressure
- heart rate
- weight
- oxygen saturation
- temperature



- **Additional medical peripheral devices can be added**

- glucose meter
- pocket size ECG device
- spirometer
- peak flow meter/FEV1
- PT/INR device



- **Plus yes/no questions**

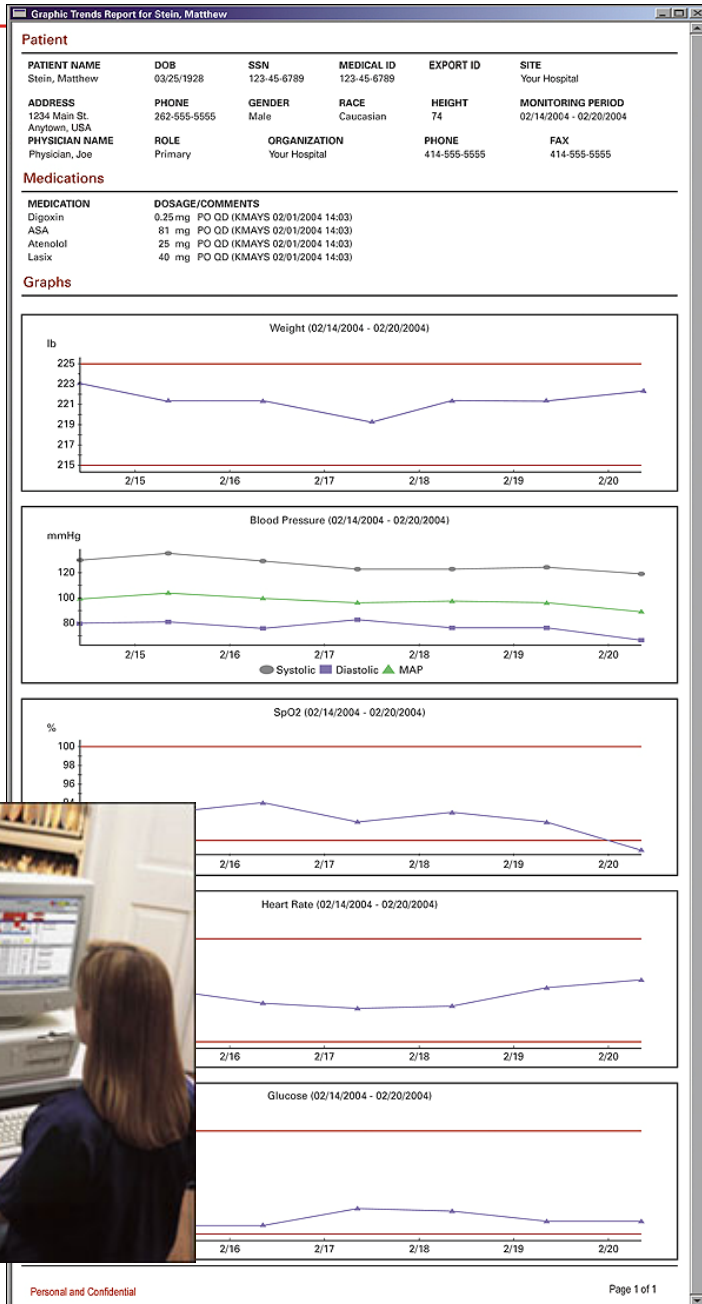
- “Are you feeling any dizziness?”



- **3-5 mins, once or twice a day**



# Clinical Oversight



- **Nationwide network of selected home healthcare agencies and skilled clinicians**
  - covers 95% of the US population
  - agencies undergo extensive training
- **Several reports and applications available at central station**
- **Capabilities to track and trend data, record and view nursing / physician notes, generate printed or faxed reports, etc.**



# “Health and Wellness Kiosk”

Honeywell



- Targeted to corporations, health clubs, senior living communities, etc.
- Allows multiple users to securely monitor their health in less than three minutes.
- HIPAA compliant. Information sent securely over telephone lines. No user identifiers attached to data.
- Local healthcare agency reviews the healthcare data and communicates any changes to pre-set levels to the individual and their physician.

# Medication Compliance

Honeywell

Provide Reminders & dose instructions

No handling of pills – uses bottles from the pharmacy

Prompts for the correct bottle, warns when wrong bottle accessed

Tracks expected pill count based on bottle accesses & dose

Reports once per day

Honeywell  
HomMed  
MedPartner™



# Research Activities

**Honeywell**



# (Big) Remaining Technical Hurdles

- **Sensing**
  - Passive, easy to install, accurate
- **Coordination of sensing & response**
- **Multiple users with differing needs and goals**
  - Elder client, family members, Formal Caregivers
- **Ongoing configuration**
  - Configuration parameters can be expected to change over time both for the client and the home
    - ◆ user entered changes
    - ◆ dynamic adaptations based on living patterns
- **User Acceptance**
  - Privacy
  - Usability
  - Reliability

# Sensing Devices

## Sensing

Medication

Up at Night

Activity

Location

Medical Records

CAST

Usability

Trust

Socialization

Demonstrations

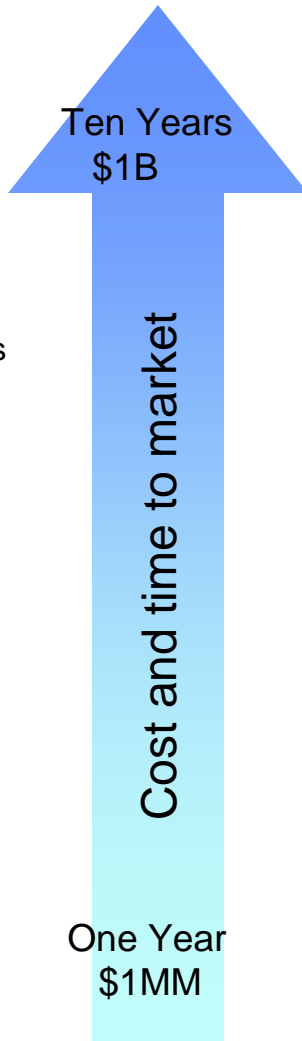
- **Easy Installation, Portability & Reliability**
- **Usability**
- **Remote configuration & control, e.g. update algs, turn off stove**

Need	Promising Approaches
UI devices	
Unique Identification	Alwan
Falls (& gait?)	Alwan (U Virginia) seismic/acoustic approach
Location	Labs (Kolavennu)
Entry/Exit	Door monitoring – Modified Hwl sensors
Temperature	Labs - Modified Hwl sensor
Activities	RFID (Intel)
Medical	Labs (Cabuz)
Safety (smoke, CO, stove)	Labs - Modified Hwl sensors

# Emerging Sensing Technologies

## Sensing

- Medication
- Up at Night
- Activity
- Location
- Medical Records
- CAST
- Usability
- Trust
- Socialization
- Demonstrations



- **Nanotechnology**

- Nanotech describes the smallest bits of matter than humans can fashion into a device. Nano-devices are measured and studied on the same scale as single atoms a human hair is 50,000 nanometers in diameter

**biosensors, drug delivery, molecular motors, revolutionary electronic systems**

- **MEMS**

- **Micromechanical devices**  
**filters on a chip, engines, robots, measured in microns (1000 nanometers)**
- **Handheld micro bolometer**

- **Video processing**

- **Reliable and cost-effective facial recognition**
- **Diagnostics**

- **Sensing advancements**

- **Smart sensors (embedded intelligence – fall sensor)**

# Medication Compliance

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Demonstrations

- **Design new caddy: leverage I.L.S.A. findings, address limitations of MedPartner**
- **Thinking about doing a controlled field study of (existing) products**



**ILSA med caddy: Flexible, Portable**

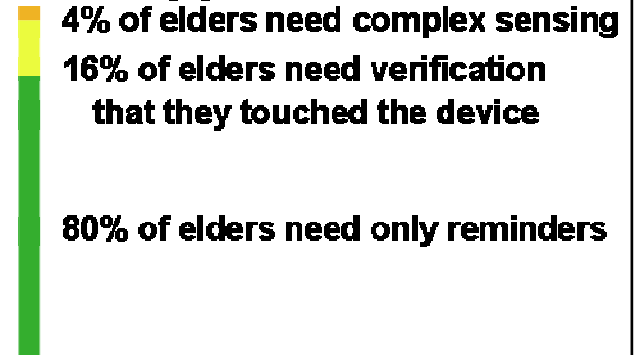
Well liked by seniors, but finer-grained info would be appreciated by caregivers



## MedPartner Limitations:

- Large footprint
- Designed for home-bound population – not portable
- Requires home nurse to set up reminders (only provided through an HHA)

**Formal CG interviews suggest Pareto's 80-20 rule applies:**



# Medication Compliance

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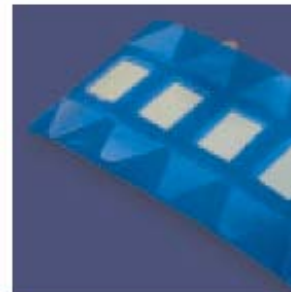
Socialization

Demonstrations

- **Improved devices and techniques for self-management**
- **ACLAR™ film from Honeywell Specialty Materials**
  - **New modes of delivery**
  - **Superior protection for humidity sensitive medication**



- **Supporting new concepts in compliance packaging**



# CareWatch®

Honeywell

Sensing

Medication

**Up at Night**

Activity

Location

Medical Records

CAST

Usability

Trust

Socialization

Demonstrations

- **Honeywell Ademco working with Meredith Rowe (UFL)**
- **Goal: Prevent unintended exits of persons with cognitive impairment (e.g., Alzheimer's patients and children with autism)**
- **To improve caregiver QoL: wakes the caregiver when patient wanders**



Photos used with permission of Meredith Rowe  
More info: <http://nursing.ufl.edu/dementia/resources.html>

# Activity Sensing

Sensing

Medication

Up at Night

**Activity**

Location

Medical Records

CAST

Usability

Trust

Socialization

Demonstrations

- **Goal: Employ a variety of sensors for detecting action, motion, or physical presence to recognize normal activities and identify potential symptoms of decline.**

- Traditional security sensors (motion, door switches)
- Pressure pads
- Weight detectors
- Water flow, heat, other home safety
- Practical only for those living alone

## Current Shortcomings:

- Accurate configuration to individual living patterns is problematic. Makes systems expensive to deploy.
- Need many sensors and other types of evidence to confirm what motion sensor data really means
- Difficult to filter out evidence associated with visitors vs. the occupant
- Simple reliable means of tracking individuals



*Wireless devices*



# Method 1: Coarse Location

Sensing

Medication

Up at Night

Activity

**Location**

Medical Records

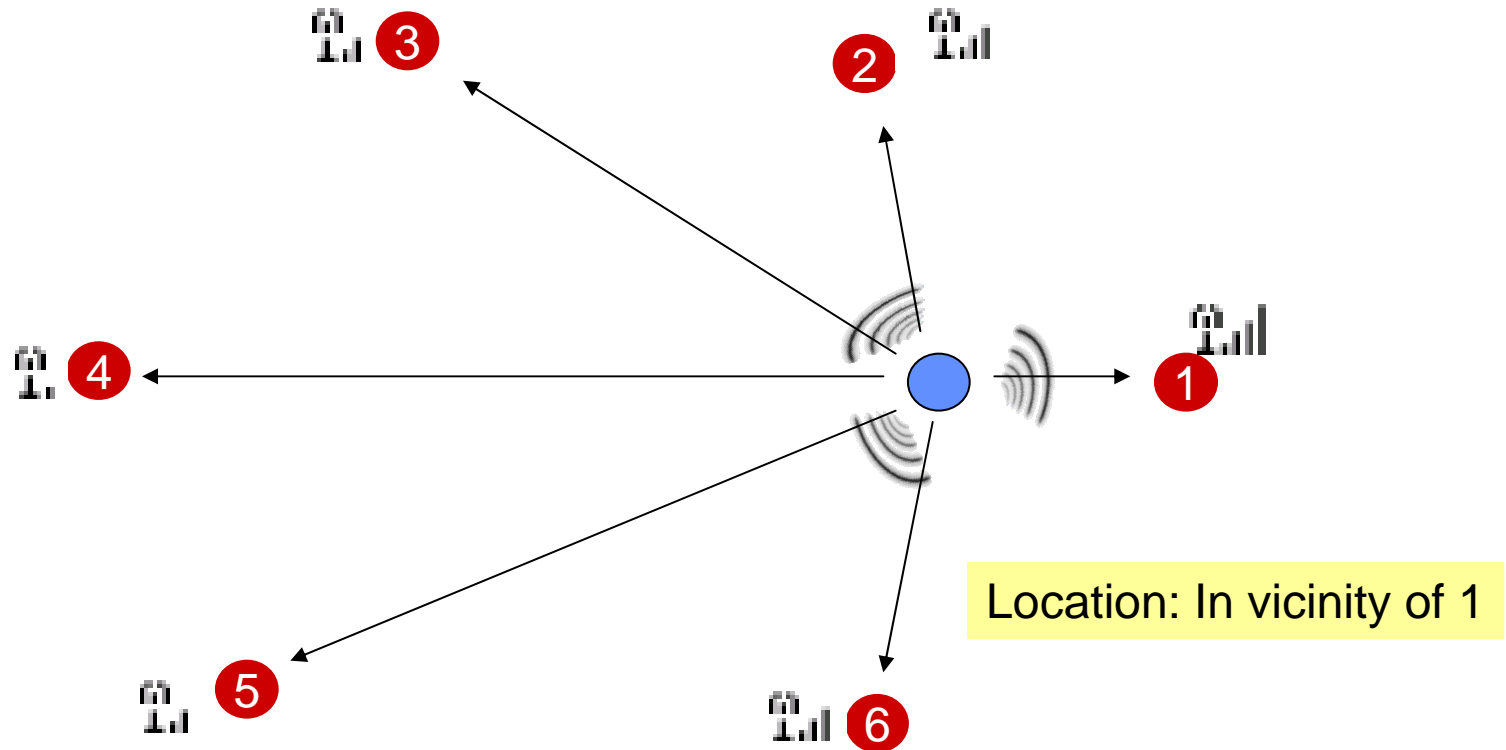
CAST

Usability

Trust

Socialization

Demonstrations



- The Beacon's transmission is heard at some or all of the beacon receivers
- All signal strengths are reported to a central location
- The Location is determined as in vicinity of the Beacon receiver with strongest signal strength



# Method 2 : Multilateration

Sensing

Medication

Up at Night

Activity

**Location**

Medical Records

CAST

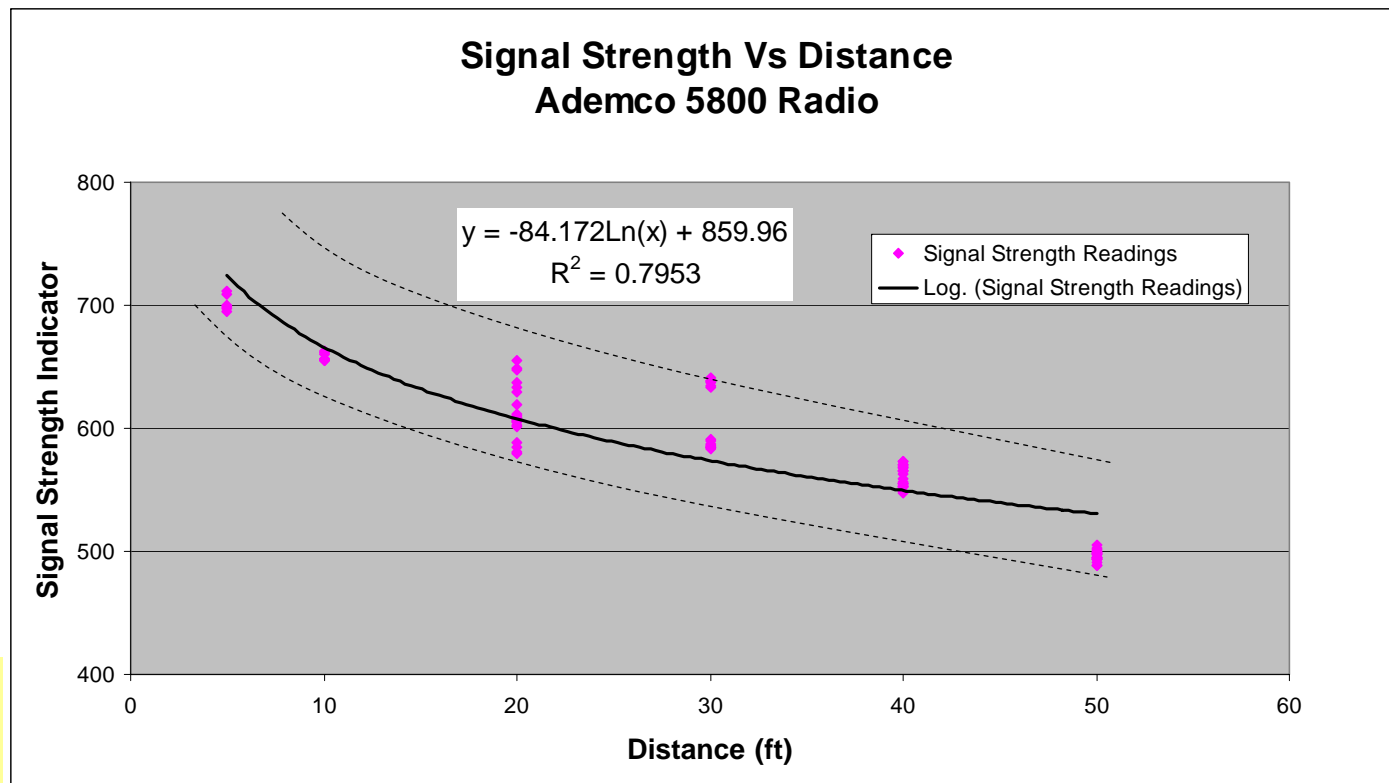
Usability

Trust

Socialization

Demonstrations

- **Motivation : How can we use the signal strength measurements at all points.**
- **Can we get a “rough” estimate of distance from signal strength ?**

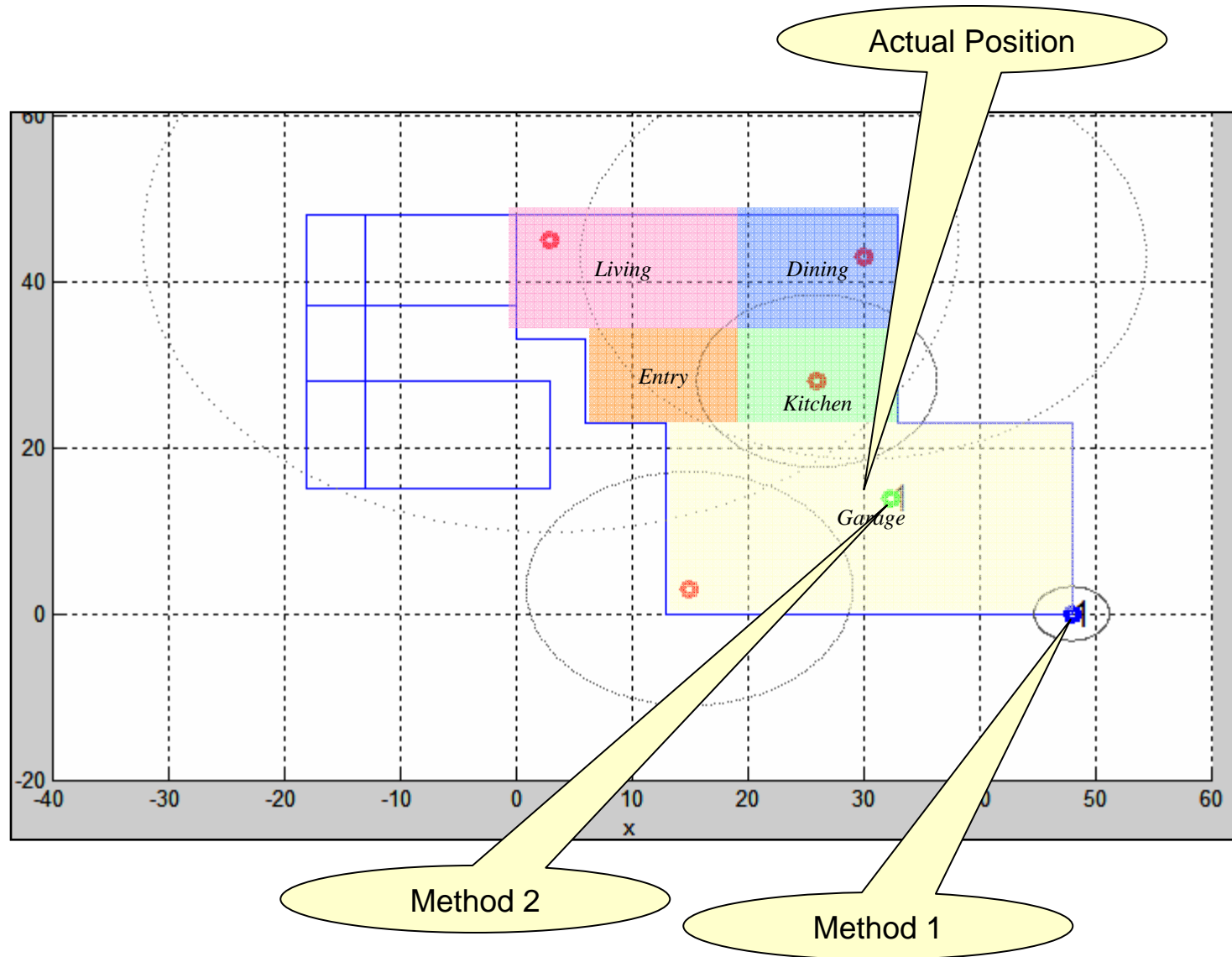


Note : Fit Equation Compatible with:

$$S_{Rx} = \frac{g * S_{Tx}}{d^\alpha}$$

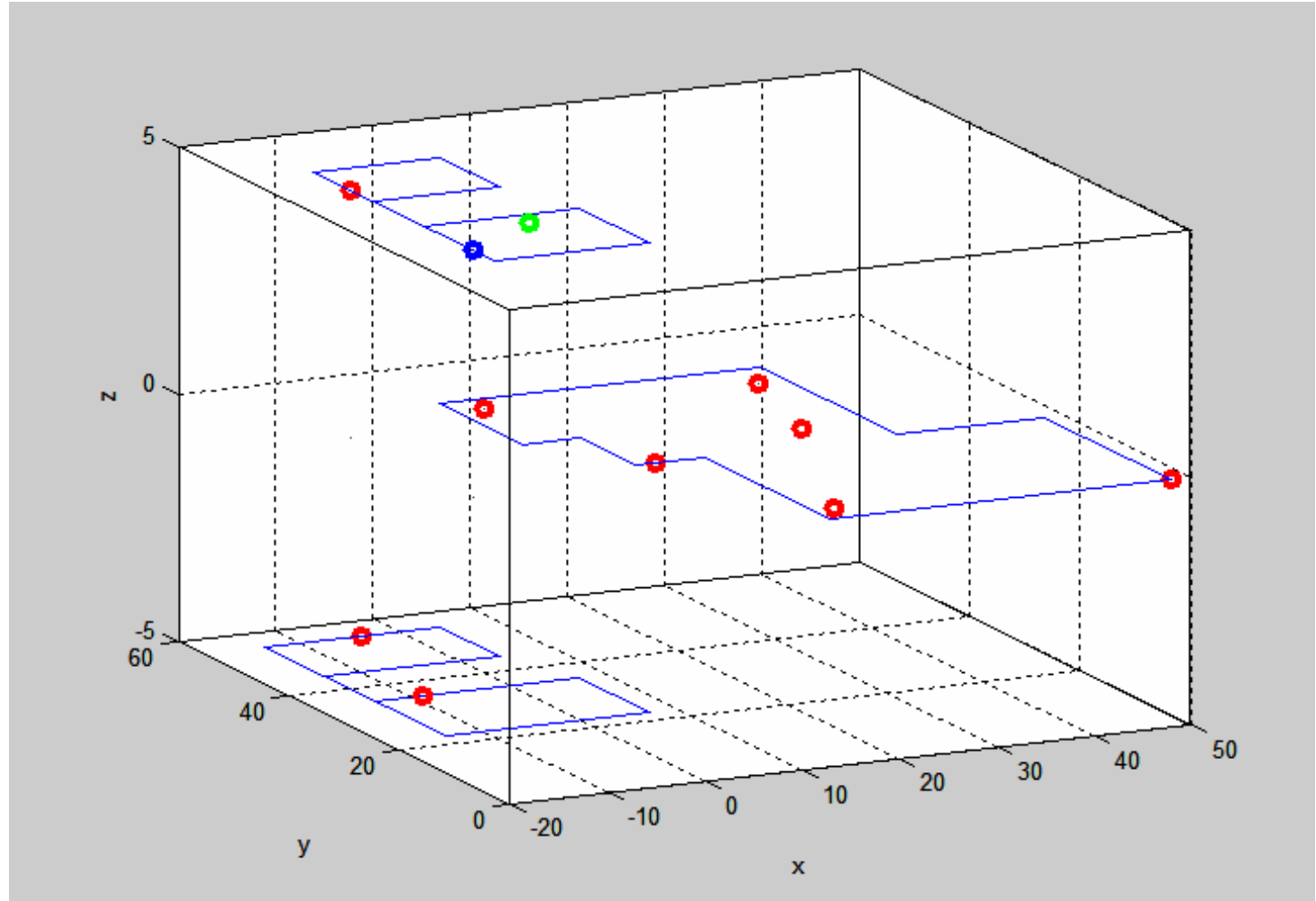
# Results ( Honeywell House - Garage)

- Sensing
- Medication
- Up at Night
- Activity
- Location**
- Medical Records
- CAST
- Usability
- Trust
- Socialization
- Demonstrations



# Results (Bedroom 1 – Honeywell House)

- Sensing
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- Demonstrations



Split level House – Bedrooms are in upper level , office lower level, living main level

# Summary and Path Forward

Sensing

Medication

Up at Night

Activity

**Location**

Medical Records

CAST

Usability

Trust

Socialization

Demonstrations

- **Tests conducted using Honeywell's Ademco Security products.**
  - **Key fob moved to different places to record the signal strength from different locations.**
- **Simple signal strength comparison (method 1) works well for coarse location**
  - **Incorporating PIRs**
- **Multilateration seems to be promising for more accurate location.**
  - **Accuracy within 4 to 5 feet**
  - **Ademco has a good signal strength vs distance map**
  - **Installations issues with this method**

# Medical Records: CAST participation

Sensing

Medication

Up at Night

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Medical Records

**CAST**

Usability

Trust

Socialization

Demonstrations

## CAST Upcoming Events we plan to participate in:

- White House Conference on Aging Exhibit Dec 11-14
- CAST/NIST Symposium February 14, 2006

## Business Economics Task Group

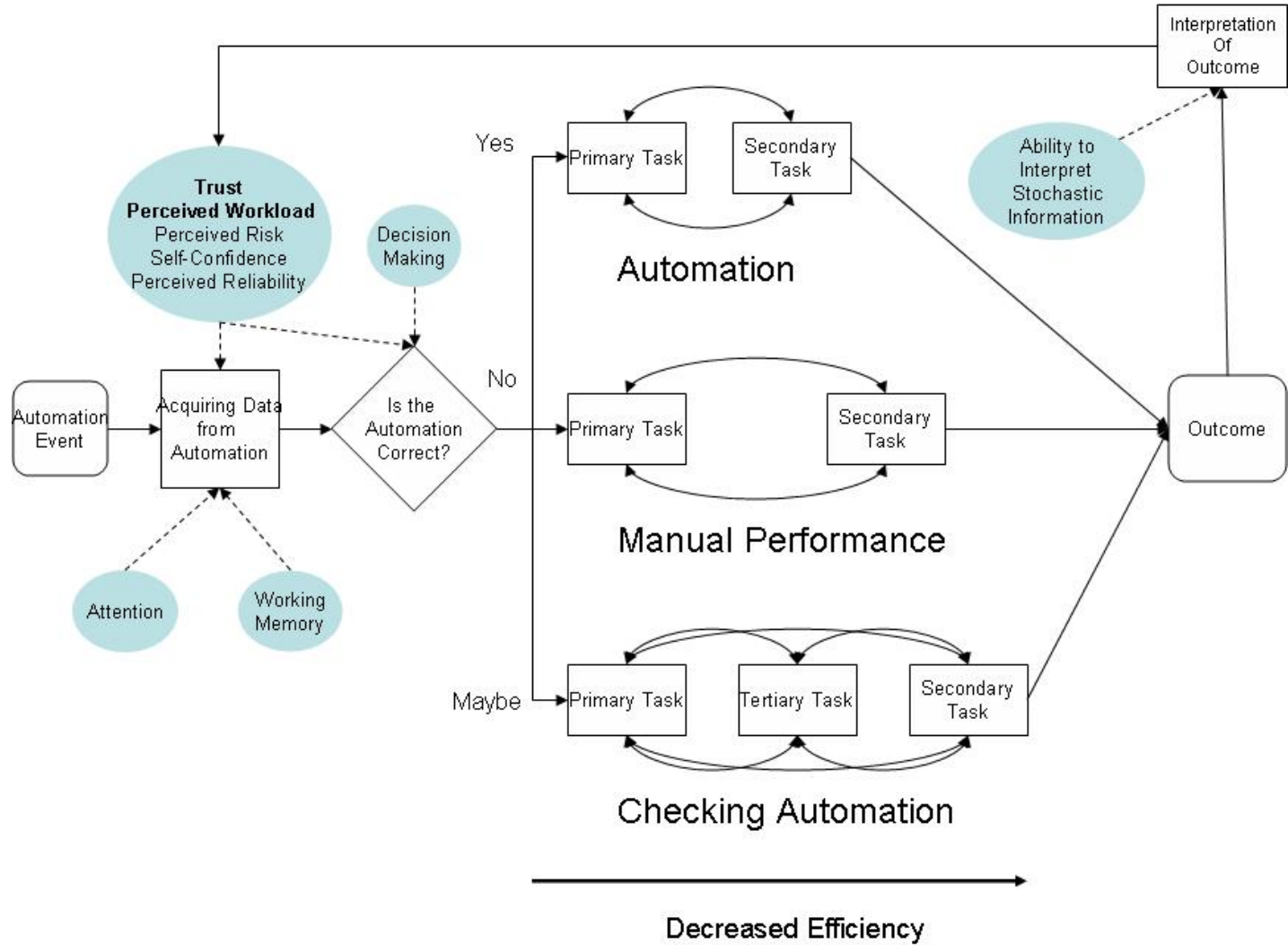
- Economic impact model for telehealth technology on **CHF** treatment costs
  - Completed lit review on this topic/reviewed CMS data on sources of costs
  - Working with a technical writer to document our findings as a white paper.
- Expanding technology impact analysis to consider additional technologies (like med management)
- Will be featured on a poster presentation at the WHCOA
- Currently conducting **diabetes** lit review and econ impact analysis which also will come out as a CAST white paper;
- Currently conducting **COPD** – econ impact lit review

## EHWR Task Group

- AHIMA HIT Summit kick-off event for this team
- Hiring IT consultant to further CAST consortium interests in HIT standards (HL7 top priority) CAST

# Model of Technology Use

- Sensing
- Medication
- Up at Night
- Activity
- Location
- Medical Records
- CAST
- Walker?
- Usability
- Trust**
- Socialization
- Demonstrations



# Trust

Sensing

Medication

Up at Night

Activity

Location

Medical Records

CAST

Usability

**Trust**

Socialization

Demonstrations

- **People need to be able to determine whether technology is helpful.**
  - **Older adults are less able to keep a mental record of outcomes**
  - **Older people may miss relevant cues that tell them that the technology is not behaving correctly.**
- **As technology improves and reliability improves, there is a danger that older adults will rely too much on technology.**
- **As user interfaces become more human-like, there is a danger that older adults will also place too much trust on technology.**
- **Currently, we are far from this goal, but as our technologies improve, we need to be mindful of other problems that need to be addressed concerning older clients.**

# Socialization

Sensing

Medication

Up at Night

Activity

Location

Medical Records

CAST

Usability

Trust

**Socialization**

Demonstrations

- **How do we find out what is engaging and fun to elders?**
- **Discover what activities seniors who are still independent like to do (gardening, knitting, golfing, fishing, games....)**
- **Find or invent virtual analogues for these activities that scale to the mental and physical limitations of older, more frail seniors.**
- **Discover and characterize their current social circle and how they can maintain social contact through technology.**

Interview → Prototype → Focus group or test → Refine Concepts



# Group Interviews With Seniors

Honeywell

Sensing

Medication

Up at Night

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CAST

Usability

Trust

**Socialization**

Demonstrations

- **Strong recurring themes (topics that raised the decibel level in the group discussion)**
  - **Volunteer activities** (organizing and doing) are a major source of social interaction and occupy a great amount of their time. Seniors also believe that these are among the first activities they would have to stop if they became homebound.
  - **Sharing personal perspectives** on history is a way they connect with their peers and with younger generations.
  - **Games and puzzles** are great if they provide the opportunity to interact with other people (by means of organizing the game or playing the game)

# Socialization technical challenges

Sensing

Medication

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**Socialization**

Demonstrations

- **Do our analogue forms of interaction really capture the essence of social interaction? What's good? What's missing? Does audio help? Does video help?**
- **Need to replicate some of the dynamics of social interactions in much the same way as happens spontaneously in real life.**
  - e.g. Provide users the ability to turn down invitations to join an activity or event, contingent on who else is invited; automatic matching with people of similar interests; provide capability to initiate and organize activities with others.
- **User interfaces need to be adaptable to the changing psychomotor and cognitive abilities of aging people**
  - UI's need to be simple
  - Games need to be "decelerated"
- **Auditory interface may be necessary**
- **Screen size is issue for some applications**
- **Security for vulnerable participants**

# The Virtual Community Center

Sensing

Medication

Up at Night

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Usability

Trust

**Socialization**

Demonstrations

December 16<sup>th</sup>, 2005

## St. Andrew's community center

<b>The daily jigsaw</b>	<b>Play bingo</b>	<b>Organize A game</b>
<b>Send a greeting</b>	<b>Share a story</b>	<b>Go home</b>

# Virtual Community Center

Sensing

Medication

Up at Night

Activity

Location

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Usability

Trust

**Socialization**

Demonstrations

**August 16<sup>th</sup>, 2005**

**On this day in 1951**

President Truman signed a treaty that ended  
The Korean War.

**Where were you at the time?**

**Speak into the microphone and  
tell your story**

**Memory  
joggers**

**Play  
back**

**Send to  
group**

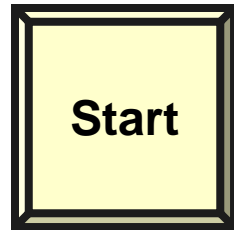
**Return**

- Sensing
- Medication
- Up at Night
- Activity
- Location
- Medical Records
- CAST
- Usability
- Trust
- Socialization**
- Demonstrations

## The daily Jigsaw

December 16<sup>th</sup>, 2004

Here is what Mabel did today



Puzzles can be solved jointly

# Increased Connectivity (CAST demo 2004)

Sensing

Medication

Up at Night

Activity

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CAST

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**Demonstrations**

## Connecting the Support Network

- Simplified internet-enabled communication for the elderly
- Concise reports for concerned family members
- Direct connect to primary professional caregivers
- 24x7 remote monitoring



Sensing

Medication

Up at Night

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**Demonstrations**

- **We will have a demonstration at the White House Conference on Aging, December 2005 in Washington**
  - **HomMed biometrics products**
  - **Meredeth Rowe's "Up at Night" concepts**
  - **Socialization concepts**
  - **Localization concepts**

# Conclusion

- **Need better sensing technologies**
  - Passive, reliable, accurate
- **Need better inference technologies**
  - Situation assessment, behavior modelling
- **Need better interface technologies**
  - Engaging interfaces & Socialization
- **Need to solve the installation & configuration issue**
  - Cheap, fast, accurate. Can a nurse do it in an hour?
  - Ongoing changes.
- **Need *good* clinical studies to determine cost savings & quality of life improvements**
- **Need to figure out how to market & sell the ideas**
  - Privacy
  - Who will pay?
  - Who will service?
  - Where are the incentives now, what will change them in the future?



# Honeywell

<b>Honeywell</b>	<b><a href="http://www.honeywell.com">www.honeywell.com</a></b>
<b>I.L.S.A.</b>	<b><a href="http://www.htc.honeywell.com/projects/ilsa/">www.htc.honeywell.com/projects/ilsa/</a></b>

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