



**Camp Specifics**  
July 19-24, 2004

The Pittsburgh Three Rivers Volleyball skills camp is open to middle school and elementary school athletes (grades 4-8) of all skill levels. Our coaches will adjust the progression of drills to fit the skill level of the athletes. This camp will cover all the basic individual skills involved with volleyball including: Passing, Serving, Setting, Blocking; Spiking; and Defense. Team offense and defense will be one of the focal points of the camp. This is an excellent team bonding opportunity and provides players the chance to improve their skills under the direction of some of the area's outstanding coaches.

Fundamentals will be stressed along with developing a strong work ethic and understanding the importance of teamwork. Players will be challenged in all aspects of the game, and drills will be designed to strengthen existing skills and/or introduce new skills. The daily sessions will include 3 hours of quality instructional time. Each player will receive a free tee shirt.

**Cost of the camp is \$50.00 per camper for all five days.**

**Camp Coaching Staff**

**Joe Conroy** Now in his 13th season at Youngstown State University, Conroy is the winningest coach in school volleyball history with a career record of 178-189. Since taking over the program in 1992, Conroy has guided the Penguins to four 20-win seasons, one Mid-Continent Conference co-championship and one Mid-Con East Division title.

**Rob Snyder** Has eight seasons as the head coach of the women's volleyball team at Butler County Community College where he is also the Athletic Director. Snyder has also coached a USA Volleyball club for five seasons.

**Ray Bobak** Director of the new Pittsburgh Three Rivers Volleyball Club and also head coach of its 14 and under team. Bobak coached his previous 14 and under team to three East Coast Championships. He is a former head coach at Duquesne University and also Director of the Catholic Diocesan League.

**Camp Facility**

This Skills Camp for elementary and middle school players will be held at the new Greentree Sportplex (formerly Green Tree Racquet Club) located in Green Tree, PA. This air-conditioned facility has three new wooden volleyball courts, vending machines, observation areas for family and friends, and newly remodeled locker rooms. The Greentree Sportplex is located at 600 Iron City Drive, Pittsburgh, PA 15220.

Please do not contact Greentree Sportplex with any inquiries regarding the camp. All questions should be directed to Ray Bobak.

**Camp Registration Form**  
(Please complete reverse side)

Athlete's Name \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Parent Email Address \_\_\_\_\_

**Payment/Deposit**

The \$50.00 camp fee is to be sent with this application. Camp registration will begin at 8:00 am on July 19, 2004 for non-registered participants. Pre-registered participants should report at 8:30. A confirmation letter and camp itinerary will be mailed or emailed upon receipt of your deposit.

Please make checks payable to "Ray Bobak" and send full payment and this detached application to the following address:

Ray Bobak  
727 New Arlington Avenue  
Pittsburgh, PA 15203

Phone: (412) 919-5850 or (412) 443-7224

Fax: (412) 875-6435