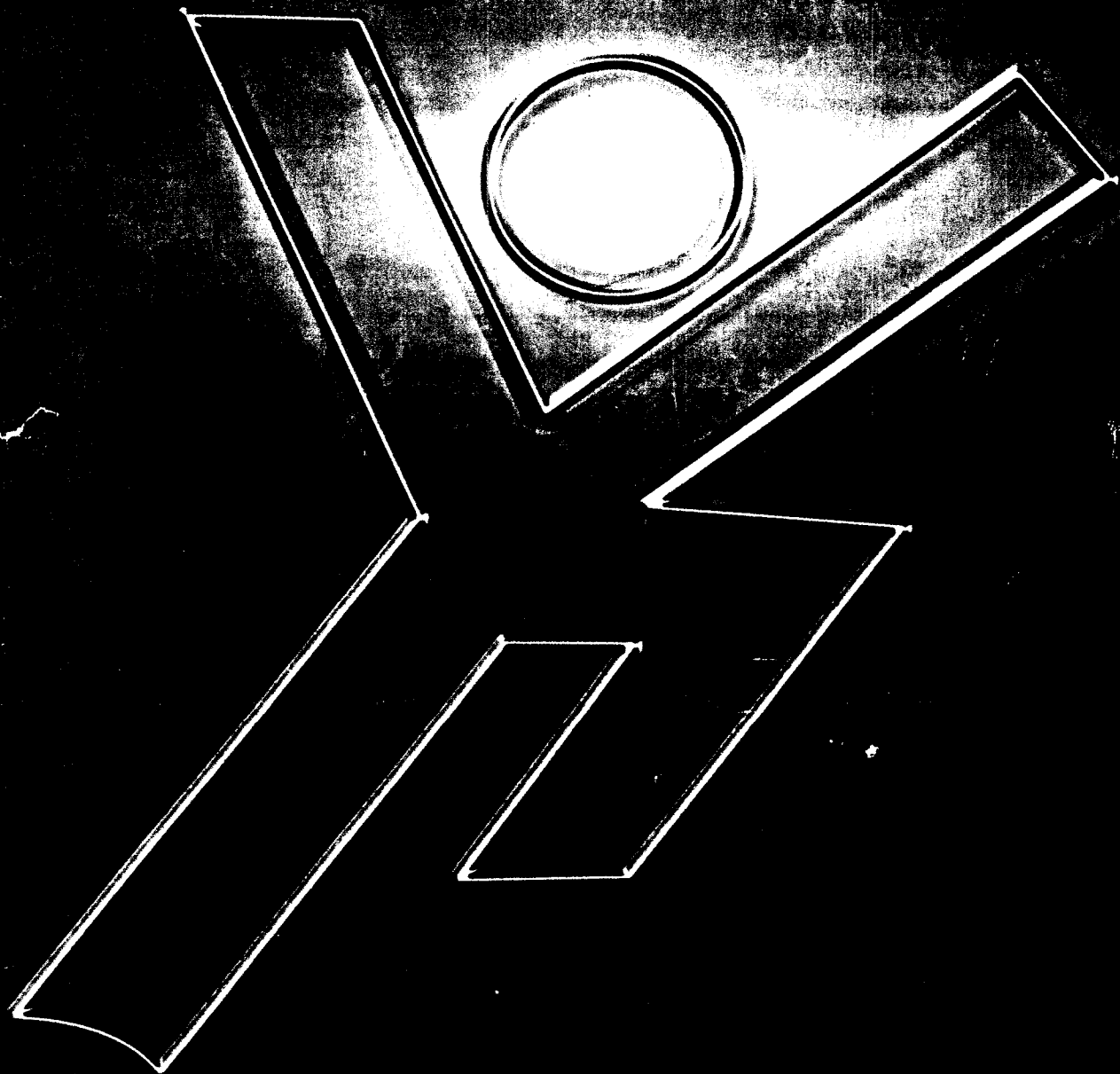


A NARCONON STAFF COURSE

NARCONON WITHDRAWAL SPECIALIST COURSE



BASED ON THE WORKS
OF L. RON HUBBARD

**NARCONON[®]
WITHDRAWAL
SPECIALIST
COURSE**



**BASED ON THE WORKS
OF L. RON HUBBARD**



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NOTICE

The theories and procedures contained in this manual deal specifically with the betterment of a person having experienced the mental and emotional travails witnessed in those who have indulged in drug usage and/or been subjected to toxic substances directly or inadvertently.

No broad medical acceptance has been sought by L. Ron Hubbard. This book represents a record of researches and results noted by Mr. Hubbard. It cannot be construed as a recommendation of medical treatment or medication and it is not professed as a physical handling for bodies nor is any claim made to that effect. There are no medical recommendations or claims for it.

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NUTRITIONAL DATA

According to the late Adelle Davis, world-renowned nutritionist, vitamin therapy has had success in handling withdrawal symptoms.

Instead of just telling the person to break off drugs with all that suffering and danger of failure the person is given heavy doses of vitamins.

DRUG BOMB, ONE DOSE

A vitamin formula called the "Drug Bomb" has been found to be effective in combating the effects of withdrawal. It consists of:

1,000 milligrams of niacinamide (*not* nicotinic acid). This is for any mental disturbance.

5,000 IU of vitamin A.

400 IU of vitamin D.

800 IU of vitamin E.

2,000 milligrams of vitamin C.

500 milligrams of magnesium carbonate (to make the vitamin C effective).

25 milligrams of B6.

200 milligrams of B complex.

300 milligrams of B1.

100 milligrams of pantothenic acid.

This formula should be given four times a day while a person is coming off drugs, roughly every six hours.

It should *not* be taken on an empty stomach, as it could cause stomach burn. It should be taken after meals or, if between meals, with yogurt.

GREAT CAUTION must be used to give the dose in such a way that the vitamins will not corrode the stomach. If this is neglected, the person can be given a false duodenal (upper intestine) ulcer and will be unable to

DRUG DRYING OUT

continue the vitamins. Drug users are usually in terrible physical condition anyway. Thus, the vitamins would have to be in "enteric coated" capsules, meaning an intestinal shielding must be on the pills so they gradually dissolve and don't hit the sensitive upper stomach hard enough to corrode it.

Thus, milk with powdered amino acids in it would have to be given to wash the pills down.

In testing these recommendations, stomach corrosion (wearing away) from the vitamin formula was the main barrier noted.

If the formula is given without any cushion the person can (a) feel too full after eating, (b) have a stomach ache, (c) have a burning sensation, (d) the exterior of the stomach can get sore. These are all stomach ulcer symptoms.

If such symptoms turn on, end off the vitamins. Aluminum hydroxide tablets chewed up and swallowed in milk each time the symptoms start will ease the stomach. Powdered amino acids, yogurt and milk must then be given until the stomach gets better.

Shots, with a needle, especially of vitamin C, can be too painful. Not the needle, that's nothing; but the vitamin itself.

The potential benefits of the Drug Bomb far outweigh any possible drawbacks and so it has much value. The difficulties and agonies of withdrawal are the primary failure point in trying to salvage an individual from the insanity of drugs.

SUMMARY

Withdrawal from drugs sometimes sets up a violent physical reaction too painful or depressing to be continued and the person goes back on drugs.



TR 0 BULLBAIT

NUMBER: TR 0 BULLBAIT

NAME: Confronting Bullbaited.

COMMANDS: Coach: "Start" "That's it" "Flunk."

POSITION: Student and coach sit facing each other a comfortable distance apart—about three feet.

PURPOSE: To train student to confront another person. The whole idea is to get the student able to BE there comfortably in a position three feet in front of the person without being thrown off, distracted or reacting in any way to what the person says or does.

TRAINING STRESS: After the student has passed TR 0 and he can just BE there comfortably, "bullbaiting" can begin. Anything added to BEING THERE is sharply flunked by the coach. Twitches, blinks, sighs, fidgets, anything except just being there is promptly flunked, with the reason why.

PATTER: Student coughs. Coach: "Flunk! You coughed. Start." This is the whole of the coach's patter as a coach.

PATTER AS A CONFRONTED SUBJECT: The coach may say anything or do anything except leave the chair. The student's "buttons" can be found and tromped on hard. Any words not coaching words may receive *no* response from the student. If the student responds, the coach is instantly a coach (see patter above).

Student passes when he can BE there comfortably without being thrown off or distracted or react in any way to anything the coach says or does and has reached a *major stable win*.

TR 0 BULLBAIT





STUDENT FLINCHES.





HEY YOU!!



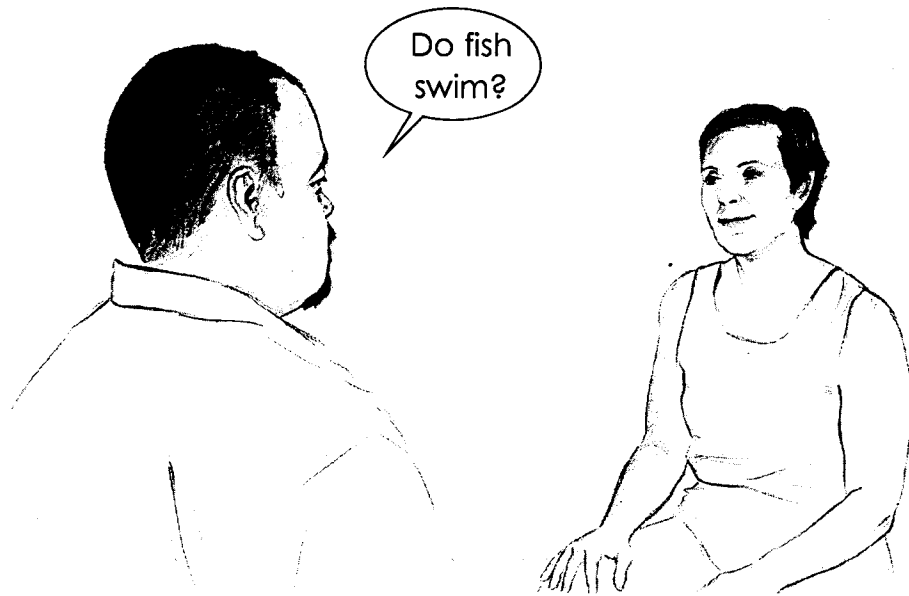
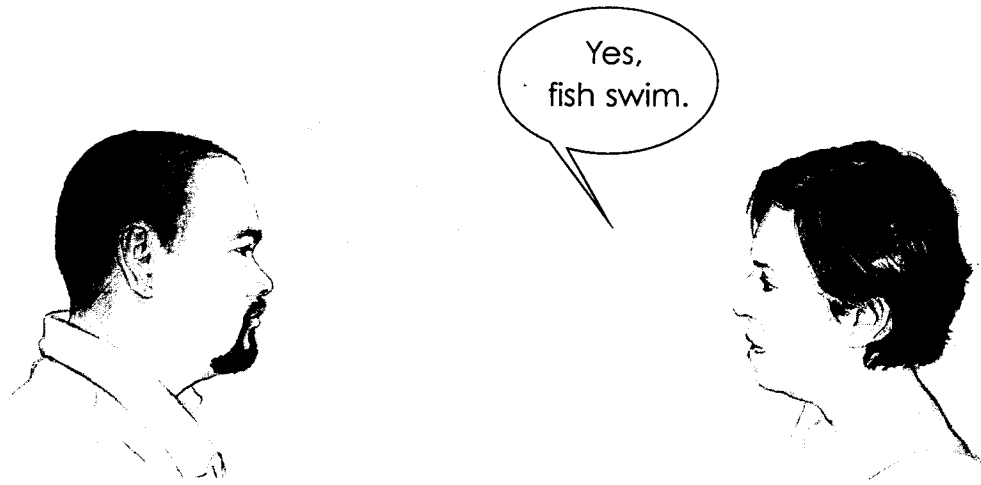


BUTTON IS FLATTENED.



TR 4







I have a pain in my shoulder.

PERSON MAKES AN ORIGATION



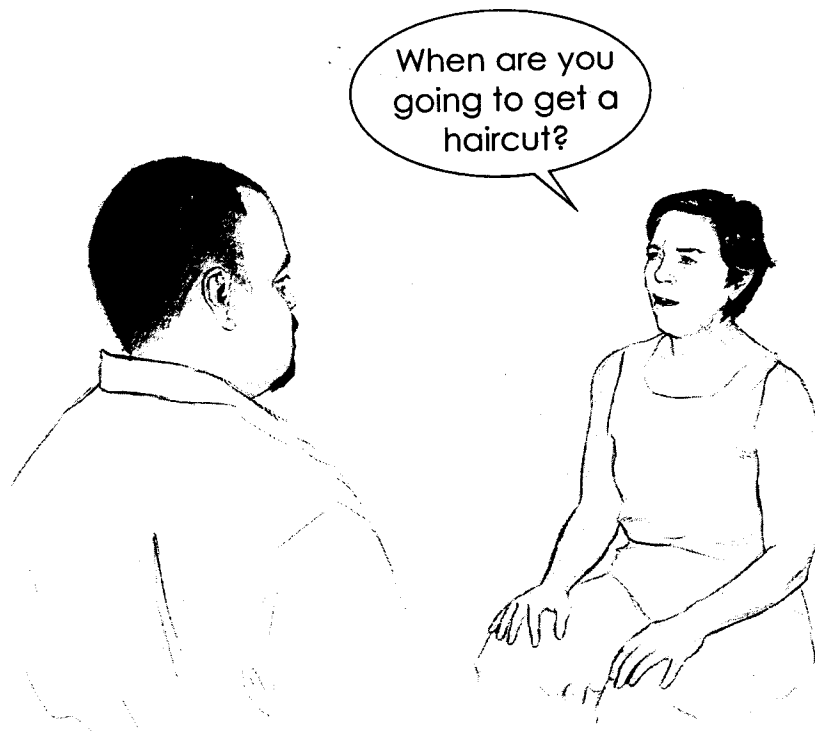
(1) UNDERSTAND IT.



(2) ACKNOWLEDGE IT.

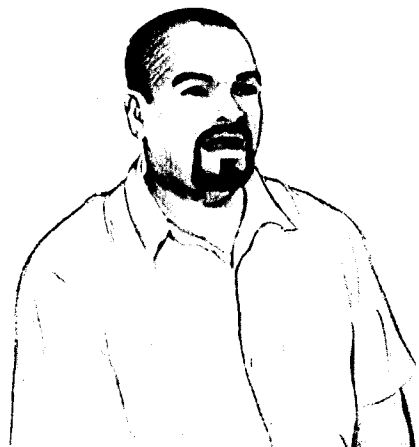


(3) RETURN PERSON TO THE COACHING SESSION.



COMMENT.

I'll repeat
the question.
Do fish swim?



COMMENT IS DISREGARDED.

Yes,
they do.









NUMBER: TR 7

NAME: Body Control in Any Circumstance

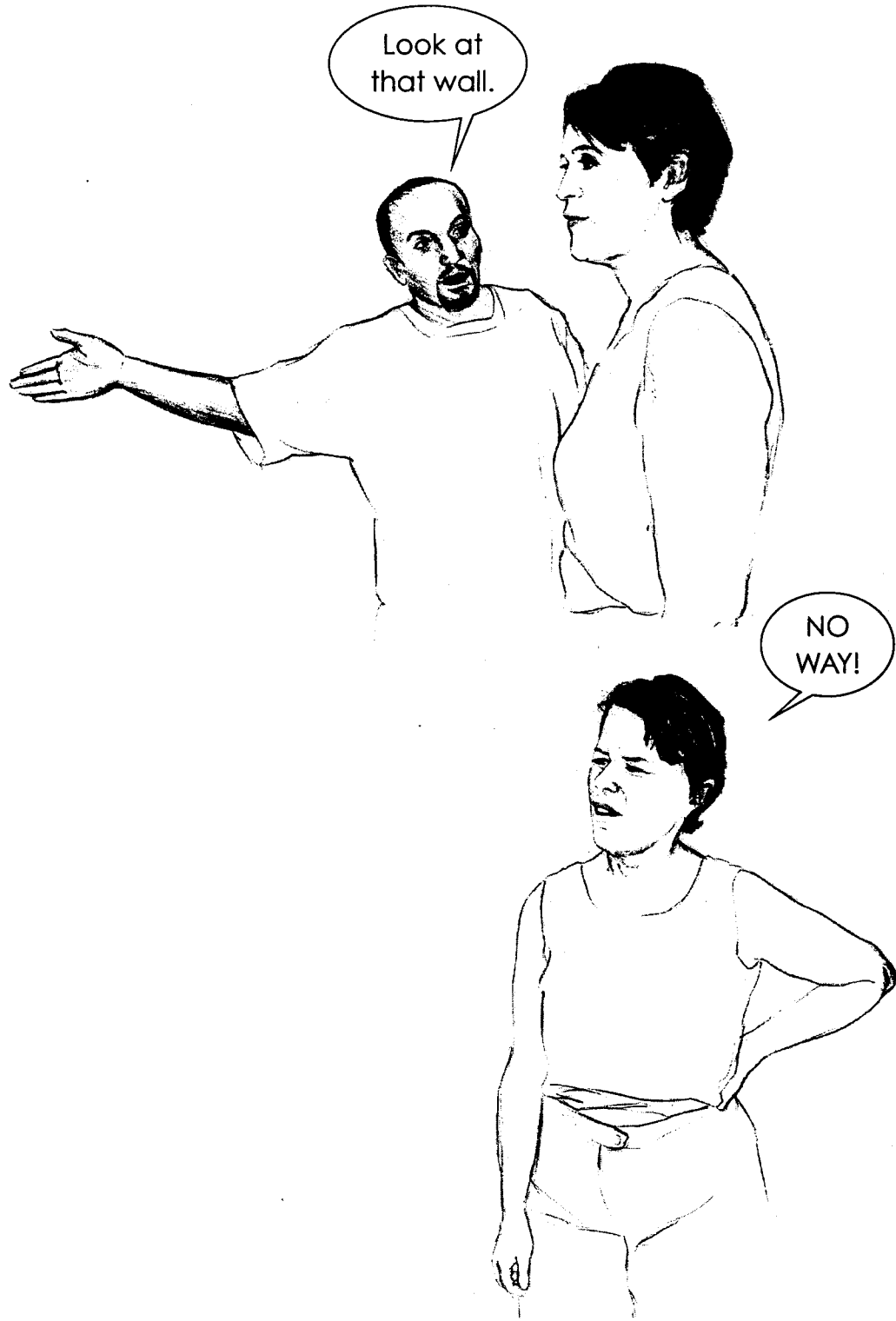
COMMANDS: Same as Body Control but with student in physical contact with coach. Student enforcing commands by manual guiding. Coach has only three statements to which student must listen: "Start" to begin coaching session, "Flunk" to call attention to student error and "That's it" to end the coaching session. No other remarks by the coach are valid on student. Coach tries in all possible ways, verbal, covert and physical, to stop student from running control on him. If the student falters, communication lags, fumbles a command or fails to get execution on part of coach, coach says "Flunk" and they start at the beginning of the command cycle in which the error occurred. Coach falldown is not allowed.

POSITION: Student and coach ambulant. Student handling coach physically.

PURPOSE: To train student never to be stopped by a person when he gives a command. To train him to run fine control in any circumstances. To teach him to handle rebellious people. To bring about his willingness to handle other people.

TRAINING STRESS: Stress is on accuracy of student performance and persistence by student. Start gradually to toughen up resistance of student on a gradient. Don't kill him off all at once.


TR 7






Thank
You.




A black and white line drawing of a man with a beard and a woman. The man is on the left, wearing a t-shirt, and is pointing his right hand towards the woman. The woman is on the right, wearing a long-sleeved shirt, and is looking towards the man.

Walk over to that wall.

A black and white line drawing of a woman wearing a tank top and pants. She has her right hand on her hip and is looking slightly to her left. A man's head and shoulder are visible behind her, suggesting he is standing close to her.

I've already walked to the wall 10 times. I'm not doing it again.

A black and white line drawing of a man and a woman. The man is on the right, wearing a long-sleeved shirt, and is reaching out with his right hand to grab the woman's left shoulder. The woman is on the left, wearing a tank top, and is looking away from the man.

I don't want to go there!



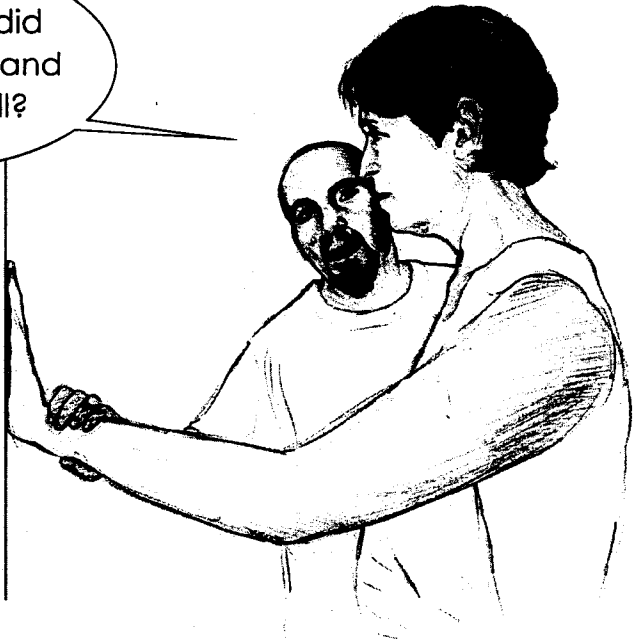
Touch
that wall.



Hmm... What is that on your collar?



Hey... How did you get my hand on that wall?



Thank You.



