

Subj: **FW: narconon full program info**  
Date: 10/20/2004 5:58:29 PM Eastern Standard Time  
From: info@usnarconon.com  
To: [REDACTED]@aol.com  
Sent from the Internet (Outlook)

Dear Jim,

Below is all the info I can provide via email. I am confident it will be enough for you to reach a decision about us but if there is anything you need additionally, please let me know.

We are the oldest licensed treatment center in California—37 years in business. We used to be in Los Angeles but moved down to the beach front 8 years ago so we would be in a setting more conducive to serene recovery. This is a patrolled drug and alcohol free beach. We are on a strip of the beach that is mainly inhabited by elderly retired. The website for the Newport center is [www.drugrehabamerica.net](http://www.drugrehabamerica.net) and the website for the Warner Springs center is [www.drug-rehabilitation.info](http://www.drug-rehabilitation.info). Once out of Detox, patients we call them students have a choice of either setting. We also opened our third center recently in East Nevada. This remote center is on a 100 acre valley floor surrounded by mountains and is 150 miles northeast of Las Vegas.

Our program emphasizes life rehabilitation, body cleansing using sauna treatments, vitamins, minerals and exercise, individual life skills classes and sessions and we are one of the few centers that is NOT based on ANY group meetings. The program is fully contained. In other words, we do not have our students going to local area meetings where they are exposed to an uncontrolled population.

We are also big on exercise and replacement activities. We feel strongly that unless you teach a person how to have fun and be social without drugs, they will return to the drug culture upon exit. Therefore, we provide daily activities to include: weight room, basketball, tennis, bike riding on the boardwalk (which is our front yard), roller blading, surfing, Frisbee and we are on a local softball team and play every Wednesday night at a local park. We have a staff team and a student team and we play real city league. Those who choose to stay behind, watch movies or do the other activities listed above. These activities are provided on break periods; generally lunch, 2 hour afternoon break, dinner and evenings Monday through Saturday and after 3:00 on Sundays. These are also the preferable visiting times although we are happy to accommodate more when you come from out of town to visit. You WILL be encouraged to visit after the first month, as often as you like and you can call any break times after the first week.

The explanation of services and fees and the daily schedule below, will give you more information on the program itself. I have also included references of parents who have sent their adult kids here and would not mind a call from you.

Please let me know if you can think of anything else you need.

Julie Bryant  
Admissions Director  
800-876-6378

#### EXPLANATION OF NARCONON SERVICES AND FEES

- 1) Full physical examination
- 2) 24-hour care – A trained Detoxification Specialist is with the student 24 hours per day to assist with physical type actions to help with withdrawal. The Detoxification Specialist is also trained to help with the difficult emotional period of detox, which usually lasts 5-7 days.
- 3) Communications Course – Designed to increase the students' communications skills, so we can arrive at the source of the problems in the students' life. These problems have created the reach for drugs to relieve the problems.
- 4) Purification Rundown – Removes the drug residuals from the cells of the body, thereby eliminating the urge for drugs on a physical level.
- 5) Basic Study Course – Designed to increase the ability to duplicate and apply any subject the student is

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studying.

- 6) **Way to Happiness Course** -- This course involves many precepts of ethics and re-establishes the students' personal morals and code of honor.
- 7) **One on One Counseling** -- Designed to locate the areas of life the student is having problems which when located, the student is then helped to find relief and solutions to the problems so that the student is no longer being adversely affected.
- 8) **Personal Values and Integrity Course** -- Designed to enable the student to take responsibility for the destructive acts the student has committed to themselves and their loved ones. This allows the student to "start over" and not be riddled with guilt about their past.
- 9) **Ups and Downs in Life** -- Designed to enlighten the student on human behavior and how "friends" should be chosen. It involves in-depth traits of "social" and "anti-social" personalities so that the student does not become connected to the wrong people. All drug addicts are connected to "anti-social" personalities.
- 10) **Changing Conditions in Life Course** -- Designed to educate the student in the area of conditions of life. It shows the student that they have the ability to maintain a high condition in life. This is done through the application of formulas of these conditions, which when applied correctly make it impossible to fail. These are the final tools to ensure success.
- 11) **Battle Plan** -- This is a plan for the new life the student is beginning upon their completion of the Narconon Program. This plan must be agreed upon by the student, the family, and the Sr. Case Supervisor. The plan must be seen to have the maximum potential for success. It may include the student staying on for our supervised, after care program for an additional 6 months. Here, the student will be provided free room and board in staff housing where he will be supervised while he 'tries out' his new-found life and takes a gradient step back into society. He will be given a job, job training and a small stipend each week, here in the center where he can help others, work in an ethical, supervised environment and learn a trade that will help him later, when discharged. Through this he will build self confidence and self esteem, which is therapeutic in preventing relapse.

The above program generally takes 3-5 months to complete and can include an additional 6 months, as indicated above. When done as written, the program has produced an 80% success rate over the past 36 years. If the student has any difficulties after completing the Narconon Program at Narconon Southern California, we will re-admit them to the program -- free of charge as long as their return is within 6 months of graduation.

The fee for the above mentioned services is \$22,000.00. If a medical detox is required there will be an additional fee of \$3,000. We provide full insurance billing services including follow up.

Julie Bryant  
Corporate Officer/Admissions Director  
Narconon Southern California

### Daily Schedule at Narconon Southern California

Definitions: PROGRAM means the student is participating in either the sauna sweating program or the one-on-one life skills class done workbook style with sessions

	MON-FRI	SAT	SUN
WAKE UP	7:45 AM	8:00 AM	8:00 AM
BREAKFAST	7:45- 8:20	8:00 - 8:30	8:00 - 9:00
ROLL-CALL STUDENT MEETING	8:20	8:40	9:20
CLEANING DUTIES	8:30 - 9:00	9:00 - 11:00	9:30 - 10:00
ROLL-CALL	9:00	11:00	10:00

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**PROGRAM**

LUNCH	12:00 PM	12:30 PM	12:00 PM
ROLL-CALL PROGRAM	1:00	1:30	1:00
BREAK	3:15	3:15	3:00 off for the day
ROLL-CALL PROGRAM	3:45	3:45	FREE TIME
DINNER	6:00	6:00	6:00
ROLL-CALL PROGRAM	7:00	7:00	FREE TIME
GROUP ACTIVITIES	8:45	8:00	FREE TIME
ROOM CURFEW	11:00 PM	12:00 AM	11:00 PM
LIGHTS OUT	11:30 PM	12:30 AM	11:30 PM

FREE TIME is time scheduled for visitation and additional group activities such as movies, bowling, field trips or other beach activities

We would also escort students to a church of their choice for religious services if they wish

Wednesday night exception – softball at a local park

Friday night exception – 8:00 PM graduation ceremony each Friday

Because of confidentiality, we do not give out numbers of actual patients, however we are happy to provide you with numbers of people who have sent their loved ones here. Perhaps they will allow you to talk to the recovered addict as well.

- Rich Silbert 301-340-3017
- Joe Barton 801-266-6070
- JoAnn Shearer 909-593-9827
- Jim and Alice Olech 520-577-0083
- Allan and Marcia Woolfolk 909-658-5677
- Donna Smith 925-455-1911

Feel free to call these people and introduce yourself. Ask them about their experience with Narconon Southern California. They have all given permission to release their numbers.